

Welcome to the i Viva la Vida ! Center



PRESENTATION GUIDE

WELCOME AT THE ¡ VIVA LA VIDA ! CENTER

A place to enjoy a natural, healthy and happy life...

...in order to offer children with cancer natural healing with all the Love and Respect they deserve.

The mission of the ¡Viva la Vida! center is to enable children diagnosed with cancer to regenerate their health naturally, while at the same time awakening their mothers to the keys to natural healing.

In concrete terms, the ¡Viva la Vida! center welcomes children diagnosed with cancer, aged 0 to 12, and their mothers, for periods ranging from 7 to 13 weeks.

Dads are also welcome. They can stay for the duration of the stay, or only occasionally, depending on their availability. Siblings under the age of 12 can also be accommodated, either for the duration of the stay or on an ad hoc basis as required.

The ¡Viva la Vida! Center provides full-board accommodation, care and activities for the duration of the stay.

The ¡Viva la Vida! Center is a place dedicated to children, where our children are encouraged to live freely and fully, and where the adults we have become are invited to awaken their inner child, enabling them to rediscover wonder, carefreeness, spontaneity, bliss and joie de vivre by experiencing a healthy life in the heart of Nature.



VISION ON CHILDHOOD CANCER

The ¡Viva la Vida! center's mission is based on the premise that cancer is an alarm signal from the body, indicating an imbalance in the organism.

When the petrol warning light in a car flashes red, the intelligent response is to understand the message “low on petrol, imminent risk of breakdown” and to respond appropriately, which means to fill the tank with petrol. It would be foolish and inappropriate to remove this irritating flasher by disconnecting the wires, for example. This would not fundamentally solve the problem, and would inevitably lead to fuel exhaustion.

The same applies to cancer. The often anarchic appearance and multiplication of cancer cells signals a profound metabolic imbalance in the body. It's a sign that the body is saturated with an excess of toxins which cause a strong acidification of the internal environment, thus becoming conducive to the propagation of cancer cells. This imbalance is the result of an inadequate lifestyle that fails to respect the real needs of the human body in terms of overall physical, energetic, emotional, mental and spiritual health.

At the ¡Viva la Vida! Center, we believe that cancer is the consequence of a carcinogenic lifestyle, which means one that favours the appearance of cancer. We take up the words of Hippocrates, the father of medicine, who said that “if you're ill, first find out what you did to become ill” and “when someone wants to be healthy, you must first ask him if he is prepared to eliminate the causes of his illness. Only then is it possible to help him”.

DEMYSTIFYING CANCER

To help a child with cancer regenerate naturally, it's important to understand the ins and outs of the cancer phenomenon: what is cancer? Why does it develop? How can cancer be cured? How can we move towards a cancer-free lifestyle?

WHAT IS CANCER?

The appearance of cancer is not the result of an accident or external aggression (virus, snake, wild animal, bacteria, etc.).

Cancer is an internal physiological mechanism foreseen by the body, which is intelligent and well-designed. Every cell in the body is potentially pre-cancerous, which explains why cancer can develop in any part of the body: skin, liver, nose, leg, kidneys, etc.

Cancer is the body's fourth level of intoxication:

- level 1: infection
- level 2: inflammation
- level 3: candidiasis
- level 4: cancer, tumor

Cancer is an intelligent mechanism of the body for storing and “cornering” excess toxins that it has failed to eliminate, and which would otherwise be devastating and potentially dangerous to internal organs.

WHY? WHERE DOES CANCER COME FROM?

The development of cancer is not a matter of chance, bad luck or fate, nor is it a punishment from Life or God.

The development of cancer is the result of the law of cause and effect, the neutral law of the universe. If I put my finger near a flame, it's going to burn, whether I'm nice or mean, tall or short, fat or thin. Similarly, if I put my finger under the blade of a knife, it will cut itself.

What causes cancer? It has been observed that an overly acidic and anaerobic internal environment is conducive to the development of cancer cells. In a healthy, well-balanced, well-oxygenated internal environment with a sufficiently basic pH, it is impossible for cancer cells to develop and multiply. Cancer arises from an imbalance in internal metabolism due to an excess of toxins.

Toxins are acidic in nature. In excess, they cause an acid-base imbalance, leading to anaerobic fermentation processes. Cancer cells always multiply in an anaerobic environment.

The development of cancer is the consequence of a large-scale production of toxins, far in excess of the body's capacity to eliminate waste. Waste is produced at a rapid pace, leaving the body neither the time nor the circumstances to eliminate it as it goes along. An imbalance is created. In this emergency situation, the body produces cancer cells, which is the "best solution" it has found to cope with this high level of intoxication, endangering the entire organism.

Excess toxins are linked to..:

- too much stress: life schedules, psychological pressures, noise...
- too many pollutants: in the air, in water, in buildings, in industrial products: body creams, detergents, “cleaning” chemicals, etc.
- too many negative emotions: fear, criticism, blame, resentment....
- a devitalized, toxic diet from industrial agriculture or the agri-food industry
- a lack of rest
- a lack of fasting and detoxification phases

The body has accumulated. Enough is enough! Cancer is a warning signal that the body is in danger, having reached the limits of its adaptive capacity.

HOW TO CURE CANCER NATURALLY?

The natural health approach does not seek to « kill cancer » as if it were an evil enemy to be slaughtered. It's about understanding the process and seeking to turn back the clock by acting directly on the causes to enable the body to rebalance itself.

The aim is to restore health, and illness will disappear on its own, just as cold disappears when heat is brought in, or darkness disappears when light is brought in.

Stopping all sources of intoxication

- no stress
- no negative emotions
- no industrial or toxic foods
- no chemicals

Replacing with beneficial elements

- living in direct contact with Nature, to benefit from the five regenerating elements: pure air, pure water, sun, humus-rich earth, ether of life,
- eating healthy, living, local, seasonal and varied food in moderate quantities,
- giving the body extended periods of digestive rest every day,
- taking the time to live quietly and relax,
- cultivating positive emotions of love, peace, joy, trust, benevolence, respect and tolerance,
- adopting a rhythm of life in harmony with Nature, respecting chronobiology.

Understanding that the body is self-healing

If we accompany the process correctly, the body is capable of destroying, eliminating or recycling every harmful cell, cancerous or otherwise,... in a very precise way, better than a scalpel...

It is essential to have total faith in the intelligence of the body and the processes that take place within it. It's a question of not intervening against what's happening. The body knows what it's doing; it wants to heal itself and live healthily.

Our role is to enable this miracle to happen, by offering the body the right circumstances to trigger the self-healing process.

Enabling the body to detoxify

There's a natural mechanism called autophagy: a catabolic process that consists in destroying vitiated tissues during fasting phases. The body then enters a state of ketosis, the secret of cancer-free people. (see on this subject Jean-Pierre Wilhem's book : *Le secret des peuples sans cancer*, not yet translated in English).

The principle is to deprive cancer cells of water and sugar, causing them to die of thirst and hunger. The body in a state of fasting kills cancer cells first. This process occurs spontaneously during daily fasting phases.

It's all about realizing that the body always seeks to heal itself as soon as we stop preventing it from doing so. This is known as the law of homeostasis, which states that the body, left to its own devices in the absence of external disturbances, spontaneously returns to its state of equilibrium after a certain period of time.

Eliminating toxins

After the detoxification phase, which leads to the recirculation of toxic waste, the body must eliminate this waste via the emunctories: kidneys, intestines, lungs and skin.

To best support this elimination process, we can encourage it by :

- clay poultices, as clay absorbs toxic substances like a sponge and drains them outwards
- aloe vera, used internally or externally, as this plant is a real natural soap
- laxatives to support intestinal elimination: chia or flax seeds, prunes, papaya, etc.
- diuretics to support elimination by the kidneys: juices, depurative herbal teas, watermelon, etc.

Enabling healthy rebuilding of the body

The aim is to stimulate healthy rebuilding of tissues and the immune system through :

- sufficient rest phases
- direct contact with the natural elements
- positive emotions
- a healthy lifestyle
- an appropriate diet
- lacto-fermented foods

TOWARDS A CARCINOFOGAL LIFESTYLE

We can be sure of this, and eliminate any fear of it : cancer will never come back if we don't allow the internal environment to become vitiated.

To achieve this, it's essential to understand the keys to a healthy lifestyle:

- adopting a balanced rhythm of life, alternating between phases of rest and activity, between anabolism and catabolism, between stimulation of the parasympathetic and sympathetic nervous systems
- ensuring regular elimination of waste products, whenever the body needs them
- supporting elimination crises in the form of infections or inflammation with understanding, intelligence and love
- developing positive emotions
- strengthening the body through the law of Hormesis, by developing resistance to cold, heat, physical exercise, fasting and hypoxia
- spiritually, believing in it, wanting it, doing the right thing, supporting healing and giving thanks



FOUNDATIONS OF THE LIFESTYLE

Life at the ¡Viva la Vida! Center is based on the following three pillars: Pangaia, Love, Abundancia.

PANGAIA – A LIFE CLOSE TO NATURE

At the ¡Viva la Vida! center, everyone lives at the very heart of nature, in direct contact with earthly and cosmic energies, in harmony with the climate and the seasons, in communion with the plants and energies of the place, in osmosis with the Universe.

**Nature is the Nurturing Mother
who balances children
on a physical and energetic level**

LOVE - A LIFE GOVERNED BY LOVE

At the ¡Viva la Vida! center, everyone is invited to let Love blossom in their lives: self-love, love of life, love of those around them, love of what we do, of what we experience... Love is the great opposing force to fear. Once we're free of fear, then appears a real, authentic and profound Love that can express itself and flourish.

**Love is the Medicine
that will cure children
on an emotional level**

ABUNDANCIA - A LIFE OF ABUNDANCE

At the ¡Viva la Vida! center, everyone can follow the call of their soul, feel what moves them at the deepest level of their being, and act accordingly. We are all responsible for creating abundance in our lives: abundance of well-being, joy, peace, harmony, accomplishment and fulfillment.

**Abundance is the Remedy
that will harmonize children
on a spiritual level**



WHAT IS THE ¡VIVA LA VIDA! CENTER

The ¡Viva la Vida! Center is not a hospital.

In a hospital, qualified specialists wage a relentless battle against diseases, parasites and infectious agents. They use anti-life drugs: antibiotics, anti-inflammatories, antivirals, antifungals, fever reducers...

**THE ¡VIVA LA VIDA! CENTER IS
A CENTER FOR THE REGENERATION OF HEALTH.**

At the ¡Viva la Vida! Center, each individual is guided in a quest to move in the direction of life, by respecting the natural laws that in principle enable the organism to function perfectly as originally intended by the Creator. By allowing life to express itself, the body is miraculously re-balanced, regenerating and returning to a state of full health.

Irène Grosjean asserts: « We don't fight the cold, we add warmth. We don't fight darkness, we add light. Similarly, in naturopathy, we don't fight disease, we add health. »

Thus, at the ¡Viva la Vida! Center, by adopting a lifestyle conducive to full health, illnesses in general, and cancer in particular, disappear as they are naturally eliminated by the body, which returns to its original state of full health.

The ¡Viva la Vida! Center is not a school.

In a school, children are supervised, directed and taught by adults.

THE ¡VIVA LA VIDA! CENTER IS A SCHOOL OF LIFE.

At the ¡Viva la Vida! Center, children are free to lead their lives as they wish. They learn directly from the experiences they have, according to their own interests, age and aspirations: learning about the animal and plant life that surrounds them, discovering the fruit trees and other food plants that nourish them, cooking recipes, playing in nature, artistic expression... Everyday life is the direct medium for learning that enriches the children.

The ¡Viva la Vida! Center is not a hotel restaurant.

In a hotel-restaurant, residents are served (meals, cleaning, etc.) by employees at their service.

THE ¡VIVA LA VIDA! CENTER IS A LIVING CENTER

At the ¡Viva la Vida! Center, each resident is fully responsible for the tasks required to support his or her material life: maintaining and cleaning living areas, preparing meals, tidying up material objects, washing dishes or clothes... are important and noble tasks that are part of daily life. They are carried out with pleasure and integrated harmoniously into the rhythm of the day.

The ¡Viva la Vida! Center is not a vacation center.

In a tourist or vacation center, residents come just to take a quick tour, visit the surrounding area, spend a few days discovering a few local sights, and then leave straight back to their established lives.

THE ¡VIVA LA VIDA! CENTER IS A PLACE TO LIVE.

At the ¡Viva la Vida! Center, residents stay for several weeks, giving them the time to experience the art of living in harmony with nature, and to regenerate their health. This extended stay allows them to really understand and integrate all the particularities of this way of life close to nature.





THE ¡VIVA LA VIDA! CENTER'S VALUES

Life at the ¡Viva la Vida! Center is governed by a set of values designed to help us live a natural, healthy and happy life together.

These values apply to everyone at the Center, including of course the children. They are broad principles to be applied with the aim of ensuring a harmonious life for everyone.

1-RESPECT

It's essential that everyone shows respect:

- Respect for oneself
- Respect for others
- Respect for living beings: plants, animals
- Respect for the place, structures and objects.

The main rule is harmlessness, which means not to harm anyone or anything. The main principle is not to do to others what you would not want done to you, and to do to others what you would want done to you.

2-COMMUNICATION

It's important for everyone to be able to express himself or herself whenever he or she wants, with respect, openness and honesty. Everyone should feel free to speak up and dare to share his or her feelings when he or she feels the need. It is essential that everyone feels fully accepted and listened to.

3-FRATERNITY

At the ¡Viva la Vida! Center, everyone is invited to behave like a member of the same family, or like an organ in the same body.

Everyone knows best how he or she can contribute to the collective with who he or she is, with his or her own aptitudes, qualities and abilities. We're all different, but each of us has his or her own importance and role to play.

4-FREEDOM

Everyone must feel free to think as they wish, speak as they feel and act as they wish, as long as this does not harm others. Each person's freedom ends where the other's begins.

As long as it doesn't harm others, everyone, child or adult, is free to follow what he or she feels in order to feel good at every moment.

5-RESPONSIBILITY

Everyone is called upon to take responsibility for his or her words and actions, and to fully accept the consequences.

Everyone has the right to make a mistake, but it's important to recognize when you've made a mistake, understand why, learn the lesson and do everything you can to avoid doing it again.

6-AUTONOMY

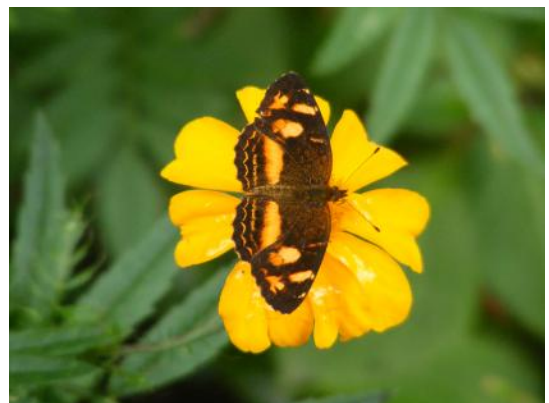
Regardless of age, everyone is encouraged to take charge of his or her own life as soon as possible. The idea is to appropriate space and time so as to feel increasingly autonomous in day-to-day life.

7-LOVE

Love is the great force behind life at the ¡Viva la Vida! Center. Ultimately, it will be the main medicine that will invisibly heal the children. In this spirit, everyone is invited to demonstrate compassion, benevolence, solidarity, generosity and gratitude.

Together, these seven values provide a guideline for the smooth running of life at ¡Viva la Vida! Center. Everyone is asked to do his or her utmost to ensure that life is truly happy and harmonious for each and every resident.

In this, we place ourselves in the spirit of Albert Schweitzer's words : « The ideal is to us what a star is to a sailor. It can not be attainable, but it remains a guide. »



COURSE OF THE DAYS

One day follows another, and no two are alike...

Each day brings its own surprises. Depending on the climate, on the phases of the Moon, on your mood, on expected or unexpected events, you'll have to adapt...

At the ¡Viva la Vida! center, we aim to harmonize with terrestrial and cosmic energies and to follow chronobiology, operating on a day-to-day basis. However, in principle, the days are well-paced, which is both balancing for the body and reassuring for the children, once they have understood the new rhythm proposed to them. Here are the approximate times:

- **6h-8h:** Free morning
- **8h-8h45:** Greet each other. Check on children, care for them, clay poultices if necessary. Time for gratitude. Physical exercise to awaken energies: self-massage, do-in, energy medicine, yoga...
- **8h45-10h30:** Permaculture, garden maintenance
- **10h30-11h:** Pick of the day
- **11h-11h30:** Preparing breakfast
- **11h30-12h:** Breakfast
- **12h-14h:** Quiet time. Quiet activities. Housekeeping. Laundry. Reading, writing. Siesta
- **14h-14h30:** Meal preparation
- **14h30-15h30:** Meal
- **15h30-16h:** Washing dishes. Tidy up
- **16h-17h:** While the children play quietly, talks with Claire about cancer and health. Questions answered. Course on natural health. Discussions

- **17h-18h:** Physical exercise. Sport. Work outside. Dance
- **18h-19h:** The child's special evening time with mom or parents. Reading stories..
- **19h-19h30:** Putting the child to bed
- **19h30-6h:** Restful night's sleep



RECEPTION CONDITIONS

The ; Viva la Vida ! Center is a place of natural, healthy and happy living.

Under no circumstances will children with a life-threatening medical condition be admitted to the ; Viva la Vida! Center. Only children with enough vitality left in them to allow natural regeneration of their health will be welcomed.

Parents who choose to bring their child to the ; Viva la Vida ! Center agree to play the game of natural regeneration of their child's health.

Playing the game, even if it upsets our certainties and habits, even if it takes us out of our comfort zone, even if it frightens us, because the unknown always impresses and we need to show courage to dare to venture off the beaten track...

Playing the game means not putting up strong resistance to what's being proposed, accepting and welcoming the new, taking things in stride, returning to our childlike state of wonder, carefree, spontaneous and happy to be alive.

Parents who decide to stay at Centre ; Viva la Vida! agree to follow the rules, which forbid anything that could harm others or be carcinogenic, i.e. a source of stress or pollution. The ; Viva la Vida ! Center is a place of health regeneration, banning anything that might hinder the healing process.



CENTER LOCATION

The ¡Viva la Vida! Center is located in Bolivia, about 120 km (74 mi) from the large city of Santa Cruz de la Sierra, 14 km (8.6 mi) from the village of Samaipata, in a valley called Paredones, not far from Amboró National Park.

The Center is located at an altitude of 1,650 metres (5,413 ft) in the Andes mountains, on a 9-hectare (22-ac) mountain terrain.

The climate is humid subtropical. Winters are mild, most trees don't lose their leaves, and temperatures rarely drop below 4°C (39°F) (July). Springs are hot and dry (August to October). Summers are rainy, hot and humid (November to March). Autumns are mild (April to June).

This climate makes it possible to grow aromatic herbs and vegetables all year round, as well as numerous fruit plants and trees: citrus, banana, pineapple, avocado, fig, grape, peach, plum, guava, medlar, persimmon, pomegranate, mulberry, raspberry, strawberry, etc.



LENGTH OF STAY

The ultimate goal of a stay at ¡Viva la Vida! is clear: to achieve the disappearance of the manifestation of cancer in the child's body. Every case is special, every child is different, so every cure will be unique.

To achieve this goal, the basic length of stay is 7 weeks. If necessary, the stay can be extended by a further 3 weeks on 2 occasions. The stay will then last 10 weeks or up to 13 weeks.

7 weeks means 49 days...

49 days of **ACCEPTING** a total change of scenery, a change of universe, multiple discoveries...

49 days to rebuild your own and your child's **WELL-BEING** on all levels: physical, energetic, emotional and spiritual...

49 days to understand that the best medicines for curing our child's cancer are to be found within him and ourselves, and that these medicines are based on **AUTHENTIC LOVE** and all its derivatives: respect, joy, inner peace, confidence in ourselves and in life, self-esteem, benevolence...

49 days to get back to **AUTHENTICITY**, to stop needing to play a role, to be right or to control everything...

49 days to discover the pleasure of **SIMPLICITY**, to rid ourselves of the artifices that encumber us and so often hinder our happiness...

49 days to experience **INNER PEACE**, by freeing ourselves from the fear, anxieties, worries and preoccupations that tend to plague our daily lives...

49 days to experience **BLISS**, by connecting with our inner child who is by nature full of wonder, carefree, spontaneous and happy to be alive...

49 days to experience **ETERNITY**, to live outside time, to learn to live fully in the magic of the present moment...

49 days to return to **THE ESSENTIAL**, to our most cherished values, to what really matters to us, to what drives us at the deepest level of our Being...

49 days for total **IMMERSION** in another world, the realm of happy, healthy children: the world of Life, Peace, Joy, Health, Bliss and Love.



RATES

The basic price of a stay at the ¡ Viva la Vida! Centre is :

- For a child with his/her mother:

- 1800 bs (=bolivianos), or 270 US\$ per week

- For dad :

- 100 bs per day, or 15 US\$
- 500 bs per week, or 75 US\$

- For an additional child aged 0 to 3 years:

- 30 bs/day, or 3 US\$ or 150 bs/week, or 20 \$US

- For an additional child aged 3 to 12 years:

- 75 bs/day, or 7 US\$ or 375 bs/week, or 70 \$US

Payment is in two instalments based on a 7-week stay :

- first payment on registration: 40% of the total
- second payment on arrival : 60% of the total

Any necessary and desired extension of the stay will be discussed together, if necessary, at the end of the first 7 weeks.

WHO AM I ?

My name is Claire. I was born in France in July 1971. The eldest of six children, I've been passionate by Life on our magnificent Planet since my childhood. Life fascinates me with its magics, and discovering its mysteries and laws has always been a driving force for me. This led me to study the life sciences, biology, and to become an agricultural engineer, an engineer of life as we were called, i.e. one who discovers the laws of life.

Married at 22, we welcomed 11 children, born on the four continents where we lived : 5 in France, 1 in Cameroon, 1 in New Caledonia, 1 in Australia and 3 in Bolivia. Our 11 babies were born in the heart of our couple intimacy, in an atmosphere of peace and respect. They were raised close to nature, in a free and autonomous way. I carried out these 11 pregnancies and raised my young children in total autonomy.



Extremely sensitive to life in general and to young children in particular, passionate about the magic of life, fascinated by the laws of the Universe, accustomed to living in Nature and with young children, experienced in the field of natural health, amazed by the fabulous mechanisms that underlie Life, driven by the vision of building a better world with greater respect for Life, carried by the vision of a place enabling the natural regeneration of children with cancer with all the love and respect they deserve,

I will be able to gently accompany your child on the path to full recovery,

I will be able to guide you along the path of natural health with love, seriousness, humor, kindness, patience, dedication, drive, intelligence and determination, in all authenticity and humility,

with the ultimate goal of enabling you, in turn, to hold the keys to a healthy and happy life, a source of health and well-being at every level for yourself and your children.





TO GO FURTHER

If you have a child with cancer aged 0 to 12, and are interested in the ¡ Viva la Vida ! Center's approach, you can consult the registration form at the following link :

<https://pangai loveabundancia.org/en/registration-form-at-the-viva-la-vida-center/>

This document describes how to apply for a stay at the ¡ Viva la Vida ! Center. The purely practical and material aspects of a possible stay at the ¡ Viva la Vida ! Center are dealt with a document you can find on the page named Stay Guide : things to bring, transport to the Center, money, details on the use of the cell phone or on the climate, etc.

To find out more about the ¡ Viva la Vida ! Center, you are also cordially invited to visit the website:

<https://pangai loveabundancia.org/>

Here you will find links to the YouTube channel entitled:

Center ¡ Viva la Vida ! - english

... and to follow the Facebook page : **The Viva la Vida center** and join the Facebook group : **OFFER TO MY CHILD WITH CANCER A NATURAL HEALTH.**

Remember that life is a mystery to be discovered, a gift to be appreciated, a source to be protected, an ally to be respected and a seed to be nurtured. Take good care of life to allow it to flourish and express its full potential. Listen to your heart, which will always guide you to Light, Peace, Joy and Love.

See you soon...

